

# Research Review Speaker Series™

Advances in the treatment of chronic  
lymphocytic leukaemia

November 2015

## About the Speaker



### Professor John Gribben

MD DSc FRCP FRCPath FMedSci

John Gribben is the Hamilton Fairley Professor of Medical Oncology at Barts and The London School of Medicine, Queen Mary University of London. After doctoral studies at University College London where he was the recipient of a Wellcome Trust Fellowship award, he received a Fogarty International Fellowship from MRC in 1989 to continue post-doctoral training at the Dana-Farber Cancer Institute, Harvard Medical School. In 1992, he was appointed to the Faculty at Harvard Medical School, where he remained as Associate Professor of Medicine and an Attending Physician at the Dana-Farber Cancer Institute and Brigham and Women's Hospital, until returning to London in 2005. He is an internationally recognised translational cancer researcher and the author of more than 400 manuscripts and book chapters. His primary research interests include the management of lymphoma, leukaemia and CLL, immunotherapy of cancer, including stem-cell transplantation, the characterisation of tumor antigens, and eradication of minimal residual disease. He is the Chair of the international workshop for NHL (iwNHL), a member of the American Society for Clinical Investigation and in 2008 was elected a Fellow of the Academy of Medical Science. He was an Editor of *Blood* from 2007–2014 and has recently been appointed to the Board of the European Hematology Association.

#### Disclosures

Prof. Gribben has received honorarium from Genentech/Roche, Celgene, Janssen, Pharmacyclics, Gilead Sciences, Mundipharma, AstraZeneca, TG Therapeutics, Acerta Pharma, and AbbVie. Grant funding has been provided to Prof. Gribben by the US National Institutes of Health, Cancer Research UK, the UK Medical Research Council, the Wellcome Trust, and the CLL Global Foundation. He has served as a Principal Investigator for trials sponsored by Roche, Pharmacyclics, Gilead Sciences, Takeda Pharmaceuticals, Infinity Pharmaceuticals, Celgene, and AbbVie.

This publication is a summary of a recent presentation in New Zealand by Professor John Gribben, Chair of Medical Oncology at the Barts Cancer Institute, Queen Mary University of London, UK. The landscape for chronic lymphocytic leukaemia (CLL) treatment options in the USA and Europe has changed, with a number of novel agents for CLL recently receiving FDA and EMA approval. Professor Gribben discussed how these new agents are being applied and highlighted the ways in which these treatments will potentially enhance the management of patients with CLL.

The educational presentation and this review were organised and paid for by Roche Products (New Zealand) Limited. Roche has reviewed and edited the manuscript to ensure compliance with the Medicines New Zealand Code of Practice. The views expressed by Prof. Gribben are his clinical opinions and not necessarily those of Roche. Products mentioned in this presentation are prescription medicines and detailed prescribing information is available at [www.medsafe.govt.nz](http://www.medsafe.govt.nz).



Remarkable progress has been made over a short period of time. The first study to demonstrate any improvement in response rates, remission and progression-free survival with an alternative agent to chlorambucil was presented as recently as 2000, in support of fludarabine as an initial treatment for CLL.<sup>1</sup> Since then, treatment has progressed from single-agent regimens with purine analogues and combinations that increased the remission rate, although there was no evidence to suggest an overall improvement in survival.<sup>2</sup> Until recently, the prevailing belief was that perhaps you could start treating a CLL patient more gently; at relapse, consider the next treatment; and escalate therapy thereafter. This approach has changed with the advent of a number of new therapeutic agents. The introduction of chemoimmunotherapy resulted in a survival advantage in CLL when treated with fludarabine-containing front-line regimens that include cyclophosphamide and rituximab (FCR) over FC alone.<sup>3</sup> This evidence has led to the conviction that the best regimen should always be used first.

Within the last year, the UK has witnessed the approval of next-generation anti-CD20 agents (in combination with chlorambucil) for previously untreated CLL, as well as approval for B-cell receptor (BCR) signalling inhibitors for treatment of relapsed/refractory disease and previously untreated CLL with 17p deletion (del(17p))/TP53 mutations. The availability of these new agents impacts the way in which clinicians approach CLL; TP53 defects are often resistant to standard chemoimmunotherapy and are associated with considerably shorter overall survival (OS) in CLL patients as compared with those without TP53 defects (~3 years).<sup>3</sup> Access to molecular analysis is desirable, as it enables clinicians to examine mutations and deletions before initiation of treatment and facilitate optimal outcomes for individual patients. These new agents greatly increase the options that clinicians have for treating their patients and tailoring treatment to their individual needs, based on the specifics of the person's disease and comorbidities.

## Issues that Prof. Gribben considers when treating CLL

Does the patient require treatment or can we continue to watch and wait until they are sufficiently symptomatic from their disease? If treatment is needed:

1. What is the goal of therapy? (Discussions need to be held with the patient and family, to consider whether to use more aggressive therapies with potential benefit but also higher toxicities as compared with milder therapy that has less benefit).
2. What comorbidities are present to determine "fitness" for specific chemoimmunotherapy? (Is the patient fit for full-dose FCR? If not, other options can be discussed).
3. Is there a del(17p)/TP53 mutation that would make chemotherapy a less attractive option? (Patients with such anomalies would be offered novel therapeutic agents).

# Research Review Speaker Series™

## Advances in the treatment of chronic lymphocytic leukaemia

The current UK treatment algorithm in CLL is as follows:

Current UK treatment algorithm in CLL			
Stage	Fitness	del(17p) p53mut	Therapy
Binet A-B, Rai 0-II, inactive	Irrelevant	Irrelevant	Watch and wait
Active disease or Binet C or Rai III-IV	Go go	No	FCR, BR
		Yes	Allo-SCT BCR signalling inhibitor
	Slow go	No	Obinutuzumab + Clb
		Yes	BCR signalling inhibitor

FCR = fludarabine/cyclophosphamide/rituximab; BR = bendamustine/rituximab; Allo-SCT = allogeneic haematopoietic stem cell transplantation; Clb = chlorambucil; BCR = B-cell receptor.

In the presence of del(17p)/TP53 mutation, the UK algorithm suggests the use of BCR signalling inhibitor over allogeneic haematopoietic stem cell transplantation, which has been moved into second position by the current US and European guidelines upon the availability of these novel agents. Prof. Gribben noted that, at his centre, very few allo-SCTs for CLL have been needed in the past 2 years, due to the use of novel agents. Notably, fitness becomes less of an issue with the novel agents, because older- and younger-age patients are able to tolerate these agents equally well.

### Management of fit CLL patients

The German CLL Study Group (GCLLSG) CLL8 trial was the first randomised trial to demonstrate an overall survival advantage with any treatment, in this case with chemoimmunotherapy, compared to chemotherapy.<sup>3,4</sup> Over a median 5.9 years of observation time, 69.4% of patients in the FCR arm remained alive (median OS not reached) versus 62.3% in the FC arm (median 86 months) (HR 0.68; 95% CI, 0.535 to 0.858; p=0.001). As the OS data mature, the survival curves are continuing to separate even further. These data support frontline FCR as the treatment of choice for CLL patients whenever possible, as this will confer a survival advantage.

This survival plateau effect is echoed in long-term follow-up data for FCR from the MD Anderson Cancer Center, in which sequencing of immunoglobulin heavy chains (*IgHV*) mutation status stratified CLL into clinically relevant prognostic subgroups – mutated *IgHV* and unmutated *IgHV*.<sup>5</sup> These data show that mutated *IgHV* is associated with better survival (PFS and OS) and clinical course, with an apparent PFS plateau at ~60% on the FCR curve. Up to now, CLL has been considered incurable except with an allogeneic stem cell transplant. These data indicate that potentially, about 60% of CLL patients with mutated immunoglobulin genes can be cured with FCR. In contrast, patients with unmutated *IgHV* continue to have worse outcomes, with a continuing fall in the survival curve. It is suggested that this patient population needs a different type of therapy – either with the addition of other therapies or a maintenance approach that would move the survival curve upwards. These findings are supported by similar findings from the German CLL Study Group.

The GCLLSG CLL8 trial has also shown that minimal residual disease (MRD) levels after chemoimmunotherapy independently predict PFS and OS in CLL, with a high, intermediate and low risk of disease progression seen in patients with >1%, 0.01–1%, or <0.01% MRD respectively.<sup>6</sup> Notably, FCR induced low MRD levels more frequently than FC. These data suggest that the goal of therapy is to maintain patients in a MRD-negative state. This idea is reinforced by an evaluation of PFS/OS according to peripheral blood (PB) and bone marrow (BM) MRD levels in the ADMIRE/ARCTIC trials, which showed that achieving MRD negativity (<0.01%) with FCR-type therapy was associated with an extremely good outcome.<sup>7</sup>

The CLL8 trial selected only patients with a good physical fitness (Cumulative Index Rating Scale [CIRS] score of ≤6). Even in this fit population, comorbidities influenced outcome; the risk of mortality was doubled for patients with a CIRS score >3 compared with those who had a CIRS score of 0–3.<sup>8</sup> Patients with worse outcomes had more comorbidities, who were unable to tolerate full FCR doses and all scheduled cycles. Subsequently, the GCLLSG initiated the CLL10 trial in order to test the non-inferiority regarding efficacy and potentially better tolerability of bendamustine plus rituximab (BR) compared with FCR in first-line therapy of physically fit CLL patients (CIRS score ≤6) without del(17p).<sup>9</sup> The trial failed to meet the primary endpoint: PFS was significantly prolonged with FCR compared with BR (median 55.2 months vs 41.7 months; p<0.001). However, in this study, there was an unplanned lack of balance between the two arms as to the mutational status of immunoglobulin genes, with more unmutated cases in the BR arm than in the FCR arm. Secondly, the between-group difference in PFS disappeared in fit patients aged >65 years; in this age group, not all patients could tolerate full-dose FCR. Worldwide, these study data have been interpreted as indicating that BR is good but inferior to FCR in patients able to tolerate both, whereas German investigators have interpreted the data to mean that patients aged >65 years should be offered BR rather than FCR.

### Management of unfit CLL patients

CLL is a disease of the elderly. The median age at diagnosis is 72 years among Western populations<sup>10–13</sup> (younger in Asian populations); ~70% of CLL patients are aged ≥65 years at time of diagnosis,<sup>10</sup> 40% of patients are aged >75 years<sup>11</sup> and the prevalence is likely to increase due to the ageing population.<sup>12</sup> Nevertheless, decisions on the treatment of CLL are being made on the basis of clinical trials that have enrolled patients who are younger and fitter than the majority of CLL patients seen in practice. Thus, evidence from clinical trials has not reflected real-world outcomes. Fitness and comorbidity burden are an important consideration in the selection of appropriate therapy: 89% of CLL patients have one or more comorbidity and 46% of patients have at least one major comorbidity.<sup>14</sup> Effective treatment options have been limited for:

- Patients with high-risk genetic alterations
- Patients who relapse early after first-line therapy
- Patients who have received multiple prior therapies
- Frail or elderly patients with front-line or relapsed disease

The CIRS score was developed as a method of quantifying comorbidity burden.<sup>15,16</sup> Many CLL trials are using the CIRS score, which may be modified (whereby CLL disease is awarded 3 or 4 points in the cumulative score), or disease-adjusted; it is important to determine what system has been used in a particular clinical trial population. For many years, the CIRS score has been used in patients with solid tumours. A CIRS score of 6 differentiates between patients who are eligible for intensive chemotherapy and those who are not (fit versus unfit patients).<sup>17</sup>

The CLL11 trial of obinutuzumab was the first study that assessed the benefits of chemoimmunotherapy in patients aged ≥18 years with previously untreated CLL and coexisting conditions (i.e. first-line FCR-ineligible CLL).<sup>18</sup> 781 patients with a CIRS score >6 and/or estimated creatinine clearance (CrCl) 30–69 mL/min were randomised to receive obinutuzumab plus chlorambucil (G-CIb), rituximab plus chlorambucil (R-CIb), or CIb alone. Caveats to this study include the GCLLSG approach to chlorambucil dosing (0.5 mg/kg day 1 and day 15 cycles 1–6, every 28 days, whereas the UK practice is to use a higher chlorambucil exposure). Also, the rituximab dose was a standard CLL dose (375 mg/m<sup>2</sup> day 1 cycle 1, 500 mg/m<sup>2</sup> day 1 cycles 2–6, every 28 days), while obinutuzumab was dosed as 1,000 mg on days 1/2, 8 and 15 of cycle 1, then on day 1 of cycles 2–6, every 28 days. This difference in dosing has been questioned, but extensive pharmacodynamic/pharmacokinetic analysis has established that the obinutuzumab dosing schedule used in CLL11 is the optimal dose and frequency, based upon levels of the drug when administered in this way.

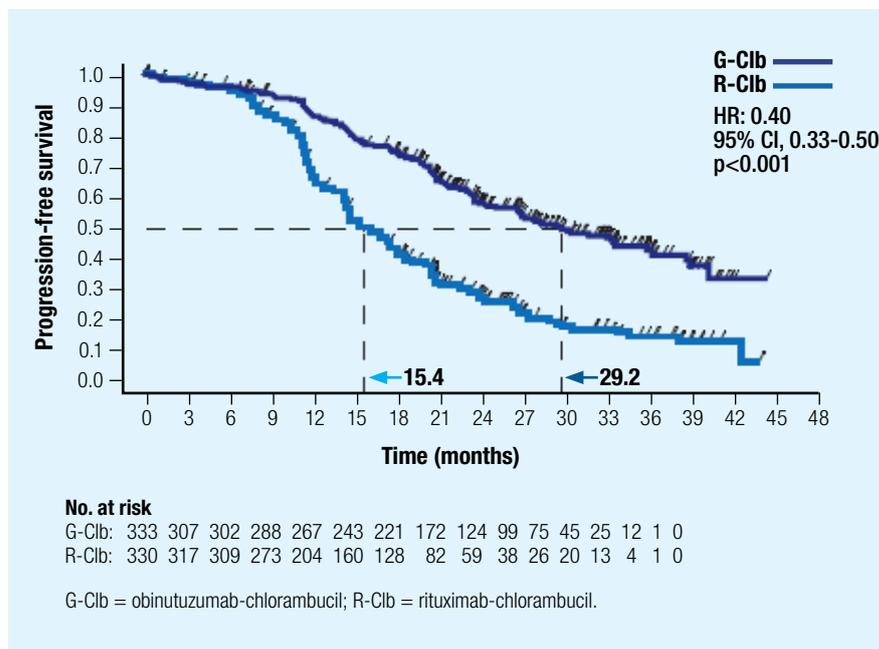
The CLL study found that G-Clb improved response rates and prolonged survival compared with R-Clb or Clb alone. Significant increases in overall response rates were seen with G-Clb versus R-Clb (78.4% vs 65.1%) and versus Clb alone (77.3% vs 31.4%). Complete responses (CRs) were found in 21% versus 7% of patients with G-Clb versus R-Clb, and in no patients on Clb alone. Moreover, the addition of obinutuzumab to chlorambucil led to MRD-negativity in peripheral blood in 38% of patients and in bone marrow in 20%, versus just 3% and 3%, respectively, of patients in the R-Clb arm and none of the patients on Clb monotherapy.

The most recently published data from the CLL11 study demonstrate a significant improvement in PFS for patients treated with G-Clb over Clb alone (HR 0.18; 95% CI, 0.14 to 0.24;  $p < 0.0001$ ) and also a marked superiority with the obinutuzumab combination over R-Clb (HR 0.40; 95% CI, 0.33 to 0.50;  $p < 0.001$ ).<sup>19</sup> The CLL11 study allowed patients with progressive disease in the chlorambucil arm to cross over to G-Clb. Despite that, the OS data demonstrate a survival advantage for starting G-Clb versus starting with Clb alone; at a median follow-up of 34.8 months, the HR was 0.47 (95% CI, 0.29 to 0.76;  $p = 0.0014$ ). Prof. Gribben noted that these data support the contention that it is inappropriate to start patients with CLL on Clb monotherapy; CLL patients should be offered optimal therapy from the beginning. The OS data for the comparison between G-Clb and R-Clb are still immature; many more patients in the obinutuzumab-containing arm remain in remission and their survival curve continues to separate out from the R-Clb arm (see Fig. 1).

CLL11 study data on PFS by MRD status in patients treated with G-Clb demonstrate the importance of achieving MRD-negativity, as this is associated with a vastly improved outcome compared with being MRD-positive.<sup>18</sup> Prof. Gribben noted that this reinforces the notion that even in the less-fit, older patients, treatment should drive towards a deep remission to give these patients a long progression-free interval and long periods where they will be able to avoid returning to hospital for more treatments and reduce the likelihood of complications from their underlying disease.

The CLL11 study demonstrated a higher frequency of infusion-related reactions (IRRs), particularly occurring on day 1 of cycle 1, of G-Clb as compared with R-Clb (all grades 66% vs 38%, respectively). Prof. Gribben considers that obinutuzumab-associated IRRs in the clinical setting will not be quite as high as the rates observed in CLL11, because of what has been learned subsequently about how to mitigate against them. Prof. Gribben explained that considerable clinical trial and clinical practice experience in the UK has revealed that the IRRs associated with obinutuzumab are most likely to occur on cycle 1 day 1 (IRRs with subsequent infusions are rare) and are generally clinically manageable. Carefully managing these IRRs avoids unnecessary discontinuation of treatment and suboptimal outcomes for patients. Prof. Gribben noted that adequate premedication is important (see text box on p.4 detailing UK clinical practice) and that staff need to be vigilant for potential IRRs and take prompt action. Patients should also be informed about the types of symptoms they might expect. Compared to IRRs with rituximab, he has noticed that the IRRs typically occur earlier in the first infusion (within the first 2 hours), but that these only occur in the first cycle, so there is confidence that patients who have reactions with the first infusion are unlikely to react to subsequent infusions so that further treatment should not be curtailed.

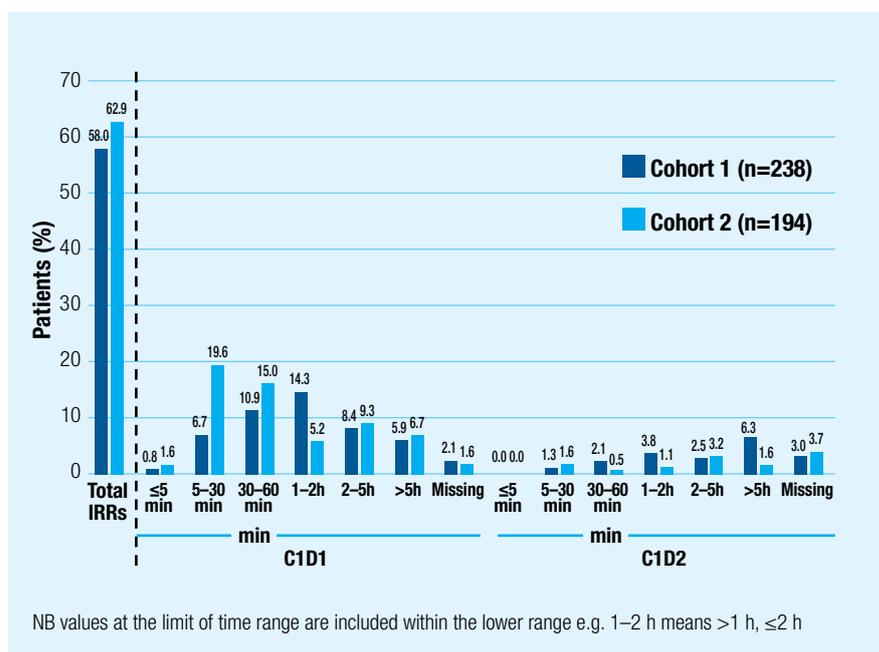
**Figure 1. Updated CLL11 progression-free survival data: obinutuzumab-chlorambucil vs rituximab-chlorambucil.<sup>19</sup>**



In CLL11, grade  $\geq 3$  IRRs and neutropenia were more common with G-Clb than with R-Clb (fewest with Clb monotherapy), but the risk of infection was not increased.<sup>18</sup>

The ongoing phase IIIb GREEN study of obinutuzumab alone or in combination with chemotherapy sought to reduce IRRs on the first day of obinutuzumab administration in 783 fit and unfit patients aged  $\geq 18$  years with previously untreated CLL (cohort 1) or relapsed/refractory CLL (cohort 2).<sup>20</sup> Treatment consisted of 6 cycles of obinutuzumab alone or in combination with 28-day cycles of chemotherapy of physician choice: FC for fit patients (CRiS  $\leq 6$  and CrCl  $\geq 70$  mL/min), chlorambucil for unfit patients (CRiS  $> 6$  and/or CrCl  $< 70$  mL/min) or bendamustine for fit/unfit patients. GREEN is assessing the impact of a lower (25 mg) and slower (12.5 mg/h) dose on cycle 1 day 1, as well as an additional dose of dexamethasone 12 hours prior to the infusion. Preliminary safety data show that these measures reduced the severity of the IRRs, and that most reactions occurred within the first 2 hours of the first infusion (see Fig. 2).

**Figure 2. GREEN study: all-grade IRRs during cycle 1 day 1 and cycle 1 day 2 (cohorts 1 and 2).<sup>20</sup>**



### Obinutuzumab IRR mitigation strategies

In UK clinical practice, oncology nurses are using a split-dosing schedule for the first obinutuzumab dose: 100 mg on day 1 and 900 mg on day 2. Premedication for obinutuzumab consists of intravenous (IV) dexamethasone 20 mg at 1 hour prior to obinutuzumab infusion, plus IV chlorphenamine 10 mg and oral paracetamol 1000 mg at least 30 minutes before infusion starts. Patients are asked to withhold any antihypertensive medications for 24 or 48 hours before the first infusion. The nurses are asked to watch the patients very carefully at the start of the infusion and proactively manage them with extra fluids.

Obinutuzumab is much more effective than rituximab at reducing white blood cell counts after the first infusion, therefore, Prof. Gribben and colleagues rarely observe IRRs with obinutuzumab after day 1 cycle 1. With careful IRR management, most patients are able to go on to receive the full course of therapy.

### First-line treatment regimens for CLL

#### Fit patient:

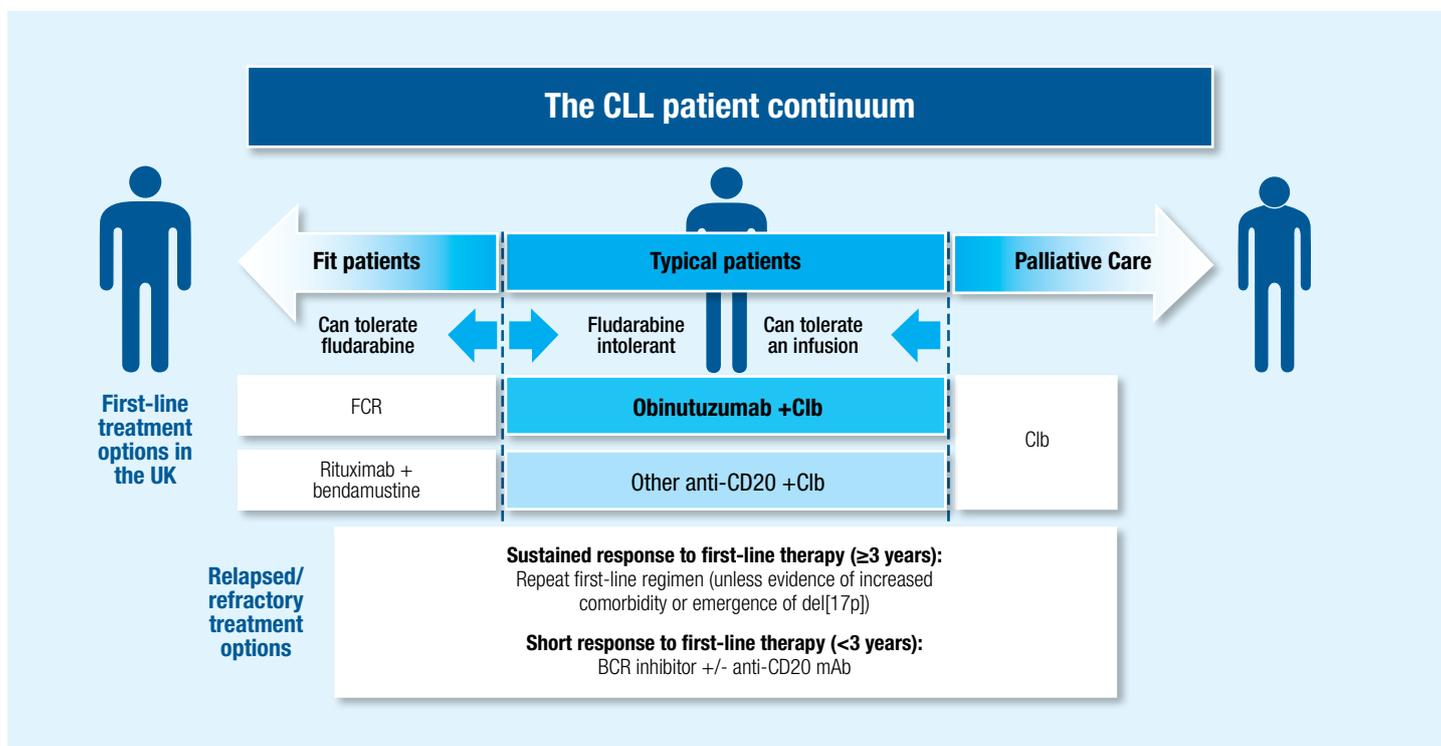
- completely independent
- no comorbidities
- normal life expectancy
- aggressive immunochemotherapy

FCR is the treatment of choice. Rixtuximab plus bendamustine might be of value in the presence of any contraindications to a purine analogue.

#### Typical CLL patient:

- some comorbidities
- impaired organ function
- reduced performance status
- less aggressive approach

Obinutuzumab plus chlorambucil is the first-line option. The patient may potentially be a candidate for rituximab-chlorambucil.



### Classifying fitness is important

There is a need to accurately categorise life expectancy unrelated to CLL. Physicians have to inform patients through counselling and define the importance of durable disease control. Physicians often underestimate life expectancy. If the life expectancy in the overall population is around 78 years, and a 75-year-old patient presents with CLL, is it reasonable to expect that this patient has a life expectancy of another 3 years? However, such a person has already survived all those illnesses that kill people before the age of 75 years: US (and European) data show that 75-year-olds can expect to live for an average 11.9 years for men and 13.6 years for women.<sup>21</sup> CLL has a major impact upon survival in patients aged <55 years compared with the age-matched general population; the same is true for patients aged 55–64 years and 65–74 years at diagnosis, but not those aged ≥75 years.<sup>22</sup> In these elderly patients, CLL impacts not only survival, but also quality of life, infections, and admissions to hospital for other complications of the disease. Prof. Gribben believes that the ≥75-year age group has been underserved, both by physicians' perceptions and misperceptions of what the life expectancies should be for these people, as well as the lack of the right treatment tools. This is now changing.

Real-life patient populations have historically differed considerably from patients treated in clinical trials. Whereas the median age of 'real-world' CLL patients at presentation is 72.5 years,<sup>23</sup> the median age of patients was 61 years in CLL8<sup>3</sup> and 62.5 years in REACH.<sup>24</sup> However, the CLL11 trial of obinutuzumab, where the median age was 73 years, represents the real-world experience in dealing with this disease.

Comorbidity is the limiting factor in the choice of chemoimmunotherapy in CLL.<sup>10</sup> Determining the goals of treatment for older patients with CLL,<sup>25</sup> whether these concern MRD-negative remission, a good balance of treatment efficacy/toxicity, or palliation, depends upon the patients' life expectancy unrelated to CLL, reduced organ function, comorbidity and performance status, as well as honest discussion with the patient and family about their wishes as to where they sit on the spectrum of 'do no harm' versus more aggressive therapies. CIRS score can be used as a tool to assess suitability for treatment approaches.<sup>10,26,27</sup>

### Treatment options for frail CLL patients

- FCR if the patient is deemed fit – with comorbidity and not age being the determinant factor
- FCR lite
- BR – an attractive option. However, most data are from studies in patients deemed appropriate for FCR, e.g. CLL10
- Obinutuzumab plus chlorambucil
- How do we make the correct choice?

When used as a monotherapy, bendamustine is associated with significantly prolonged PFS as compared with chlorambucil (median 21.6 months vs 8.3 months;  $p < 0.0001$ ) in first-line CLL patients.<sup>28</sup> The CLL10 study of FCR versus BR in fit first-line patients found a median PFS of 55.2 months versus 41.7 months, respectively.

At iwCLL2015, data from the MaBLE study were presented, comparing the efficacy and safety of BR with R-C1b in fludarabine-ineligible patients with CLL.<sup>29</sup> At a median follow-up of 24 months, CR rates with BR were significantly increased compared to R-C1b (confirmed CR rates: 24% vs 9%;  $p = 0.002$ ). The median PFS was 39.6 months with BR versus 29.9 months with R-C1b. Prof. Gribben noted that this PFS with R-C1b was much longer than has been seen in other studies (e.g. 15.7 months in CLL11) and postulates that this may be due to a very different patient population from that enrolled in CLL11. The available MaBLE data do not describe the patient characteristics and more information is required before the place for this regimen can be determined.

### Novel agents in CLL

New insights into pathogenesis have created many promising diagnostic and therapeutic options. Treatment-refractory CLL represents a great unmet medical need. Data from the MD Anderson Cancer Center reveal that once a patient has failed fludarabine, the median survival is 11 months; CLL is no longer an indolent, slow-growing disease (Keating MJ, MDACC – personal communication with Prof. Gribben). Evidence shows that CLL with *TP53* mutation is as important to consider for prognostic impact as (del)17p in CLL.<sup>30</sup> Survival in patients with a *TP53* mutation without (del)17p overlaps that of patients with (del)17p.

Study data support the importance of mutational analysis. An analysis of data provided by Stephan Stilgenbauer from the Central Reference Laboratory for Genetics has revealed an increasing frequency of *TP53* pathways with advancing lines of therapy in CLL:

- Among untreated Binet A CLL patients in the CLL1 'watch and wait' study, ~3% had (del)17p and 5% had a *TP53* mutation (i.e. (del)17p/*TP53*mut rate: ~8%)
- In the CLL4 and CLL8 first-line treatment trials, the (del)17p rate was ~5–10%, while the *TP53* mutation rate was 6% (i.e. (del)17p/*TP53*mut rate: ~10%)
- In the CLL2H trial, involving fludarabine-refractory patients, over two-thirds of patients had (del)17p (31%) or a *TP53* mutation (35%) and therefore lack the ability to respond appropriately to chemotherapy

For relapsed/refractory CLL, alternative therapeutic agents that target the B cell receptor signalling pathway become important. Clinical trial data provide good support for the role of such treatment, which is associated with significant improvements in PFS, response rate, and OS among patients with relapsed/refractory CLL.<sup>31,32</sup> Indeed, in the setting of (del)17p, these novel therapeutic agents are revolutionising PFS and OS outcomes for these patients, who have previously shown only very poor survival.<sup>33</sup>

### Salvage therapy for CLL in the UK

In the UK, standard-of-care treatment schedules for patients who are treatment-refractory or progress within 2 years of first-line chemoimmunotherapy consists of a BCR signalling inhibitor, regardless of fitness. Clinical trials are currently underway, employing novel BCR antagonists and other agents/combinations. For patients who progress after 2 years, the standard approach for all patients is to repeat/modify first-line therapy. Those who received FCR upfront are offered bendamustine-rituximab as salvage. Patients with (del)17p/*TP53* mutations, even if they relapse, are offered a BCR signalling inhibitor. Trials are also underway involving this patient population, examining the clinical efficacy of the new BCR antagonists and other agents/combinations.

#### In Summary

- A number of new agents have been approved in the UK recently for CLL treatment
- There is a perfect opportunity to tailor the treatment approach to the needs of the individual patient based upon their fitness and on the presence of resistance/mutations
- Specific side effect profiles with different agents have to be considered
- In the EU and USA, a new approach to management is already here

### The New Zealand Perspective – Dr Robert Weinkove, Consultant Haematologist, Wellington Hospital

While cutting-edge CLL treatment is changing rapidly, funded options available in New Zealand remain limited. Nonetheless, Professor Gribben's talk raises important practice points.

Long-term follow-up of the CLL8 trial and MD Anderson series suggest that FCR is curative for nearly 60% of CLL patients with a mutated *IgHV* gene, with plateaus in progression-free survival curves after year 8. Although we do not test for it, *IgHV* is mutated in 45% of CLL cases, suggesting FCR can cure a quarter of unselected patients. This highlights the need to give the full six cycles of first-line FCR to our fitter CLL patients, if possible: the longer we can keep these patients in remission, the greater the likelihood that novel agents will be funded at the time of relapse.

For frailer patients, the latest CLL11 update demonstrates overall survival benefits for obinutuzumab and rituximab in combination with chlorambucil. Until obinutuzumab is funded, we are faced with a stark choice between FCR or chlorambucil alone. A number of NZ centres are running the CLL14 trial, which brings access to obinutuzumab. NZ cancer centres are starting to become more familiar with the use of this drug, particularly the prevention and management of infusion reactions.

The priority for patients with (del)17p or with early relapse after chemotherapy should be to access a novel agent such as a B-cell receptor (BCR) signalling inhibitor or Bcl-2 inhibitor. Professor Gribben commented that in the UK, where BCR signalling inhibitors are funded, he now rarely does transplants for CLL. Until novel agents are funded in NZ, allograft is likely to remain a feature of CLL management for fitter high-risk patients.

### ABOUT RESEARCH REVIEW

Research Review is an independent medical publishing organisation producing electronic publications in a wide variety of specialist areas. Research Review publications are intended for New Zealand medical professionals.

### References

- Rai KR, et al. Fludarabine compared with chlorambucil as primary therapy for chronic lymphocytic leukemia. *N Engl J Med*. 2000;343(24):1750–7.
- Catovsky D, et al. Assessment of fludarabine plus cyclophosphamide for patients with chronic lymphocytic leukaemia (the LRF CLL4 Trial): a randomised controlled trial. *Lancet*. 2007;370(9583):230–9.
- Hallek M, et al. Addition of rituximab to fludarabine and cyclophosphamide in patients with chronic lymphocytic leukaemia: a randomised, open-label, phase 3 trial. *Lancet*. 2010;376(9747):1164–74.
- Fischer K, et al. Long term remissions after FCR chemotherapy in previously untreated patients with CLL: updated results of the CLL8 trial. *Blood*. 2015 Oct 20. [Epub ahead of print]
- Thompson PA, et al. Fludarabine, cyclophosphamide and rituximab achieves long-term disease-free survival in *IGHV*-mutated chronic lymphocytic leukemia. *Blood*. 2015 Oct 22. [Epub ahead of print]
- Böttcher S, et al. Minimal residual disease quantification is an independent predictor of progression-free and overall survival in chronic lymphocytic leukemia: a multivariate analysis from the randomized GCLLSG CLL8 trial. *J Clin Oncol*. 2012;30(9):980–8.
- Rawstron A, et al. Bone marrow is more sensitive than peripheral blood for detection of MRD in CLL and provides a more reliable prediction of outcome across different treatments. Paper presented at the European Hematological Association (EHA) Congress. 11–14 June 2015; Vienna, Austria. Abstract S794.
- Goede V, et al. Cumulative Illness Rating Scale (CIRS) is a valuable tool to assess and weigh comorbidity in patients with chronic lymphocytic leukemia: results from the CLL8 trial of the German CLL Study Group. *Haematologica (EHA Congress Abstracts)* 2012;97(Suppl. 1):O154.
- Eichhorst B, et al. Chemotherapy with fludarabine (F), cyclophosphamide (C), and rituximab (R) (FCR) versus bendamustine and rituximab (BR) in previously untreated and physically fit patients (pts) with advanced chronic lymphocytic leukemia (CLL): results of a planned interim analysis of the CLL10 trial, an international, randomized study of the German CLL Study Group (GCLLSG). Presented at the 55th American Society of Hematology (ASH) Annual Meeting and Exposition. 7–10 December 2013; New Orleans, Louisiana, USA. Abstract 526.
- Gribben JG. Chronic lymphocytic leukemia: planning for an aging population. *Expert Rev Anticancer Ther*. 2010;10(9):1389–94.
- Howlander N, et al. SEER Cancer Statistics Review, 1975–2011. Available at: [http://seer.cancer.gov/csr/1975\\_2011/](http://seer.cancer.gov/csr/1975_2011/).
- Hallek M. Chronic lymphocytic leukemia: 2013 update on diagnosis, risk stratification and treatment. *Am J Hematol*. 2013;88(9):804–16.
- Eichhorst B, et al. Chronic lymphocytic leukemia: ESMO Clinical Practice Guidelines for diagnosis, treatment and follow-up. *Ann Oncol*. 2011;22(Suppl. 6):vi50–4.
- Thurmes P, et al. Comorbid conditions and survival in unselected, newly diagnosed patients with chronic lymphocytic leukemia. *Leuk Lymphoma*. 2008;49(1):49–56.
- Linn BS, et al. Cumulative illness rating scale. *J Am Geriatr Soc*. 1968;16(5):622–6.
- Parmelee PA, et al. Validation of the Cumulative Illness Rating Scale in a geriatric residential population. *J Am Geriatr Soc*. 1995;43(2):130–7.
- Extermann M, et al. Comorbidity and functional status are independent in older cancer patients. *J Clin Oncol*. 1998;16(4):1582–7.
- Goede V, et al. Obinutuzumab plus chlorambucil in patients with CLL and coexisting conditions. *N Engl J Med*. 2014;370(12):1101–10.
- Goede V, et al. Obinutuzumab as frontline treatment of chronic lymphocytic leukemia: updated results of the CLL11 study. *Leukemia*. 2015;29(7):1602–4.
- Bosch F, et al. Preliminary safety results from the phase IIIb GREEN study of obinutuzumab (GA101) alone or in combination with chemotherapy for previously untreated or relapsed/refractory chronic lymphocytic leukemia (CLL). *Blood*. 2014;124(21):3345.
- US Social Security Administration. Online Services. Retirement & Survivors Benefits: Life Expectancy Calculator. Available at: <http://www.socialsecurity.gov/OACT/population/longevity.html>.
- Shanafelt TD, et al. Age at diagnosis and the utility of prognostic testing in patients with chronic lymphocytic leukemia. *Cancer*. 2010;116(20):4777–87.
- Knauf W, et al. Routine treatment of patients with chronic lymphocytic leukaemia by office-based haematologists in Germany – data from the Prospective Tumour Registry Lymphatic Neoplasms. *Hematol Oncol*. 2015;33(1):15–22.
- Robak T, et al. Rituximab plus fludarabine and cyclophosphamide prolongs progression-free survival compared with fludarabine and cyclophosphamide alone in previously treated chronic lymphocytic leukemia. *J Clin Oncol*. 2010;28(10):1756–65.
- Shanafelt T. Treatment of older patients with chronic lymphocytic leukemia: key questions and current answers. *Hematology Am Soc Hematol Educ Program*. 2013;2013:158–67.
- New Evidence in Oncology. Targeting patient fitness: expanding treatment approaches. Number 20, September 2013. Available at: [www.newevidence.com](http://www.newevidence.com).
- Manda S, et al. Impact of comorbidities on treatment outcomes in chronic lymphocytic leukemia: a retrospective analysis. *Blood*. 2014;124(21):1312.
- Knauf WU, et al. Phase III randomized study of bendamustine compared with chlorambucil in previously untreated patients with chronic lymphocytic leukemia. *J Clin Oncol*. 2009;27(26):4378–84.
- Michallet AS, et al. Rituximab in combination with bendamustine or chlorambucil for the treatment of chronic lymphocytic leukaemia: primary results from the randomised phase IIIb MABLE study. Abstracts from the XVI International Workshop on Chronic Lymphocytic Leukemia 2015, Leukemia & Lymphoma. Abstract 178. Available at: <http://dx.doi.org/10.3109/10428194.2015.1080893>.
- Zenz T, et al. *TP53* mutation and survival in chronic lymphocytic leukemia. *J Clin Oncol*. 2010;28(29):4473–9.
- Furman RR, et al. Idelalisib and rituximab in relapsed chronic lymphocytic leukemia. *N Engl J Med*. 2014;370(11):997–1007.
- Brown JR, et al. Updated efficacy including genetic and clinical subgroup analysis and overall safety in the phase 3 RESONATE™ trial of ibrutinib versus ofatumumab in previously treated chronic lymphocytic leukemia/small lymphocytic lymphoma. Presented at the 56th American Society of Hematology (ASH) Annual Meeting and Exposition. 6–9 December 2014; San Francisco, California, USA. Abstract 3331.
- O'Brien S, et al. Efficacy and safety of ibrutinib in patients with relapsed or refractory chronic lymphocytic leukemia or small lymphocytic leukemia with 17p deletion: results from the phase II RESONATE™-17 trial. Presented at the 56th American Society of Hematology (ASH) Annual Meeting and Exposition. 6–9 December 2014; San Francisco, California, USA. Abstract 327.

### GAZYVA® (obinutuzumab) ABRIDGED PRESCRIBING INFORMATION (API)



**GAZYVA concentrate solution for IV infusion (1000mg/40mL; 25 mg/mL, packs of 1)** is a **Prescription Medicine** indicated in combination with chlorambucil for the treatment of patients with previously untreated chronic lymphocytic leukaemia (CLL). **Dosage & Administration:** Please refer to the GAZYVA Data Sheet for information. **Contraindications:** Patients with a known hypersensitivity (IgE mediated) to obinutuzumab or to any of the excipients. **Precautions:** Severe, life-threatening **infusion related reactions (IRRs)** have been reported. Follow premedication instructions and modify infusion rate as advised under Dosage & Administration (see Data Sheet). Stop infusion and permanently discontinue for Grade 4 IRRs, second occurrence of Grade 3 IRR or acute life-threatening respiratory symptoms. Carefully monitor patients with pre-existing cardiac or pulmonary conditions. Consider withholding antihypertensive medication for 12 hours prior to, during, and the first hour after infusion. **Hypersensitivity** including anaphylaxis; stop and discontinue permanently in these patients. Patients at high risk of **tumour lysis syndrome (TLS)** should receive prophylaxis with uricostatics and hydration starting 12–24 hrs prior to infusion. For TLS treatment, correct electrolyte abnormalities, monitor renal function and fluid balance; administer supportive care, including dialysis as indicated. All at risk patients should be carefully monitored during initial treatment. Severe/life-threatening **neutropenia** including febrile neutropenia, late onset, and prolonged neutropenia have been reported. Closely monitor patients until resolution. Treat concomitant infection; consider G-CSF therapy. Severe/life-threatening **thrombocytopenia** including acute thrombocytopenia, and fatal haemorrhagic events have been reported during Cycle 1 infusion. Closely monitor patients; perform regular laboratory tests until the event resolves. Transfusion of blood products is at the discretion of the treating physician. **Worsening of pre-existing cardiac conditions** has been observed in patients with underlying cardiac disease. These events may occur as part of an IRR and can be fatal. Closely monitor patients with a history of cardiac disease. Hydrate with caution. Do not administer to patients with active **infections** and exercise caution in those with a history of recurring or chronic infections. Serious bacterial, fungal, and new or reactivated viral infections can occur during and following the completion of therapy. Potential **HBV reactivation**; screen all patients prior to treatment. Do not treat patients with active disease and refer patients with positive serology to a specialist before commencing treatment. **Progressive multifocal leucoencephalopathy (PML)** has been reported in patients treated with anti-CD20 antibodies including GAZYVA. Consider PML in any patient presenting with new-onset neurologic manifestations. Withhold treatment during investigation and permanently discontinue if PML is confirmed. **Immunisation** with live virus vaccines is not recommended until B-cell recovery. In the pivotal trial patients with moderate **renal impairment** (CrCl <50 mL/min) experienced more SAEs and AEs leading to death than those with CrCl ≥50 mL/min. Safety and efficacy in patients with **hepatic impairment** and in **paediatric patients** (<18 years old) have not been established. **Elderly patients** (≥75 years old) experienced more SAEs and AEs leading to death than those <75 years old in the pivotal trial. Patients experiencing infusion-related symptoms should not **drive or operate machines** until symptoms abate. No formal drug-drug **interaction** studies have been performed. **Pregnancy:** Category C. Avoid treatment during pregnancy unless the potential benefit to the mother outweighs the potential risk to the foetus. Use effective contraception during treatment and for 18 months following treatment. Discontinue breast-feeding during therapy and for 18 months after the last dose. Newborns to mothers who have been exposed to GAZYVA during pregnancy should not receive live vaccines until B-cell levels are within normal ranges. **Adverse Effects:** (See Data Sheet for complete list). IRRs characterised by nausea, chills, hypotension, pyrexia, vomiting, dyspnoea, flushing, hypertension, headache, tachycardia, and diarrhoea; respiratory and cardiac symptoms including bronchospasm, larynx and throat irritation, wheezing, laryngeal oedema and atrial fibrillation. Neutropenia, thrombocytopenia, leucopenia, anaemia, UTI, oral herpes, rhinitis, pharyngitis, nasopharyngitis, cough, TLS, hyperuricaemia, arthralgia, back pain, musculoskeletal chest pain, decreased WBC count, decreased neutrophil count, weight increase, squamous cell carcinoma of skin, constipation, alopecia. Transient elevation in liver enzymes shortly after the first infusion. **GAZYVA is an unfunded Medicine.** Before prescribing, please review the GAZYVA Data Sheet available at [www.medsafe.govt.nz](http://www.medsafe.govt.nz). API based on Data Sheet 25.03.2015. Roche Products (New Zealand) Limited, Auckland. Ph 0800 656 464. [www.roche.co.nz](http://www.roche.co.nz). All trademarks mentioned herein are protected by law.

### MabThera® ABRIDGED PRESCRIBING INFORMATION (API)



MabThera (rituximab 100 mg/10 mL and 500 mg/50 mL single use vials for IV infusion) is a **Prescription Medicine** for the treatment of certain patients with diffuse large, low-grade or follicular, CD20 positive B-cell non-Hodgkin's lymphoma (NHL); and chronic lymphocytic leukaemia (CLL). **Dosage and Administration:** Please see MabThera Data Sheet for information. **Contraindications:** Known hypersensitivity to rituximab, to any component of the product, or to murine proteins. **Precautions:** Infusion-related reactions (IRRs; some severe and fatal) incl pulmonary events and tumour lysis syndrome (administer in an environment with full resuscitation facilities); extreme caution in patients with high tumour burden (CLL & MCL); caution in patients with neutrophils <1.5 × 10<sup>9</sup>/L and/or platelets <75 × 10<sup>9</sup>/L; do not treat patients with severe active infections; monitor all patients for infections incl reactivation of HBV and PML. If PML is suspected suspend treatment until PML diagnosis has been excluded; permanently discontinue treatment if PML is confirmed. Prior to treatment screen all patients for HBV. Closely monitor patients with a history of cardiac disease; consider withholding antihypertensives; vaccination with live viral vaccines not recommended. Discontinue if severe skin reactions occur. **Pregnancy and lactation:** Not recommended. **Adverse effects:** See Data Sheet for full list. **Very common or common (serious):** IRRs; infections (new, reactivation or exacerbation); haematologic events; cardiovascular events; respiratory events; neurologic events; decreased IgG levels. **Rare or very rare (serious, some fatal):** Severe IRRs (incl cardiac and respiratory events); ILD; increased IgM in WM patients; viral infections (e.g. herpes viruses, PML, HCV, HBV); bacterial and fungal infections; progression of pre-existing Kaposi's sarcoma; GI perforation; vasculitis; severe bullous skin reactions; neuropathy; serum sickness-like reactions; cytopenias; CVA; PRES. **MabThera is funded for NHL and CLL under Special Authority for patients who meet predefined criteria. MabThera is not funded for maintenance treatment. Consult your local representative for details of the private access program for maintenance treatment.** Before prescribing, please review the MabThera Data Sheet available at [www.medsafe.govt.nz](http://www.medsafe.govt.nz). API based on Data Sheet dated 10.02.2014. Roche Products (New Zealand) Limited, Auckland. Ph 0800 656 464. [www.roche.co.nz](http://www.roche.co.nz). All trademarks mentioned herein are protected by law.

ID2206/2015NOV